



Authentic Lanka

TASTE OF SRI LANKA



Authentic Lanka

ABOUT US

At Authentic Lanka, our goal is to provide you with quality products that enhance your lifestyle and health. We work with suppliers who are committed to sustainable and eco-friendly practices so you can feel good about what you are buying. Some of our favorites are Ceylon Cinnamon, Moringa, Coconut Sugar and Blue Pea Flowers.
Try them! We think you'll be pleased!



www.authenticlanka.com

CINNAMON PRODUCTS

ORGANIC CINNAMON TEA KRAFT



CEYLON CINNAMON's sweet flavor makes a refreshing, delicious, and naturally sweet tea. It has beneficial anti-inflammatory compounds and antioxidants, and is known to offer health benefits including:

- Reducing inflammation
- Supporting heart health
- Reducing blood sugar
- Promoting weight loss
- Fighting off bacteria and fungi
- Reducing PMS symptoms

CONTENTS : 25 Cinnamon Tea Bags

NET WEIGHT : 1.8oz (50g)

INGREDIENTS : 100% pure organic Ceylon cinnamon

ORGANIC CINNAMON TEA BOX

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CINNAMON PRODUCTS

ORGANIC CINNAMON POWDER



CEYLON CINNAMON, the world's only true cinnamon, is the best quality cinnamon available. It has a lighter, sweeter flavor than common cinnamon and is delicious in desserts, drinks and baked foods, as well as savory foods.

Recently cinnamon has been recognized for its many health benefits:

- Contains antioxidants
- Has anti-inflammatory benefits
- Supports heart health
- Helps reduce blood sugar levels
- Promotes weight loss
- Fights off bacteria
- Reduces PMS symptoms

CONTENTS : Ceylon Cinnamon Powder

NET WEIGHT : 8oz (225g)

INGREDIENTS : 100% pure organic Ceylon cinnamon



MORINGA PRODUCTS



ORGANIC MORINGA TEA KRAFT

AMAZING MORINGA, native to the Indian subcontinent, has been valued since ancient times for its exceptionally high nutrition and health benefits. Used in traditional ayurvedic treatments, modern science is also beginning to appreciate its health-boosting qualities.

CONTENTS : 25 Moringa Tea Bags

NET WEIGHT : 1.8oz (50g)

INGREDIENTS : 100% organic dried moringa leaves

ORGANIC MORINGA TEA BOX

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- Rich in vitamins, minerals and phytochemicals
- Amazing antioxidant and anti-inflammatory properties
- May reduce the effects of diabetes

CONTENTS : Moringa Leaf Powder

NET WEIGHT : 8oz (225g)

INGREDIENTS : 100% organic moringa leaf powder



COCONUT PRODUCTS



ORGANIC COCONUT SUGAR

COCONUT SUGAR is an environmentally sustainable, minimally processed sweetener made from the sap of the coconut palm tree. It has a nice, rich flavor, somewhat like brown sugar or caramel, and it doesn't taste like coconut at all. Substitute coconut sugar for white sugar at the table or in your recipes.

CONTENTS : Organic Coconut Sugar

NET WEIGHT : 12oz (340g)

INGREDIENTS : 100% organic coconut palm sugar

COCONUT CHIPS TOASTED

AUTHENTIC LANKA's toasted coconut chips are simply made of fresh, sliced and dehydrated coconut flesh. Nutritious, naturally sweet with no added sugar, gluten free, and high in fiber, coconut chips are a delicious and satisfying snack.

CONTENTS : Toasted Coconut Meat

NET WEIGHT : 7oz (200g)

INGREDIENTS : 100% organic white coconut meat



CURRY PRODUCTS



CHICKEN CURRY PASTE

The easiest and tastiest way to make an authentic Sri Lankan style chicken curry!

NET WEIGHT : 8oz (225g)
NET WEIGHT : 12oz (350g)

INGREDIENTS

Coriander Powder, Cumin, Vegetable oil, Pepper, Garlic, Tamarind, Chillies, Ginger, Vinegar, Tomato Sauce, Salt

EGGPLANT MOJU

SRI LANKAN BATU MOJU is sweet and savory eggplant moju packed with flavor. It's delicious with rice and curry!

NET WEIGHT : 7oz (200g)
NET WEIGHT : 10oz (300g)

INGREDIENTS

Eggplant, Red Onion, Vinegar, Chilli Powder, Ginger, Pepper Powder, Mustard Powder, Green Chillies, Sugar, Garlic



ONION SAMBOL

This sweet, spicy, and tangy caramelized onion chutney is a Sri Lankan favorite!

NET WEIGHT : 5oz (150g)
NET WEIGHT : 9oz (250g)

INGREDIENTS

Red Onion, Maldive fish, Vegetable Oil, Tamarind, Salt, Sugar, Chillies



CURRY PRODUCTS



CHICKEN & EGGPLANT

Authentic Lanka's Chicken Curry Paste and Eggplant Moju.

CONTENTS : Eggplant Moju and Chicken Curry Paste

NET WEIGHT CHICKEN : 8oz (225g)

NET WEIGHT EGGPLANT : 7oz (200g)

COCONUT & ONION SAMBOL

Liven up your dinner with Authentic Lanka's Coconut Sambol and Onion Sambol!

CONTENTS : Onion Sambol and Coconut Sambol

NET WEIGHT ONION SAMBAL : 5.3oz (150g)

NET WEIGHT COCONUT SAMBAL : 5.3oz (150g)



BUTTERFLY PEA FLOWER

BUTTERFLY PEA FLOWER POWDER



Our beautiful, vibrant BUTTERFLY PEA FLOWER POWDER comes from the petals of the butterfly pea flower grown in Sri Lanka. Appreciated for its anthocyanins and antioxidants, it has been used since ancient times to reduce inflammation and boost the immune system. Mild tasting, blue pea powder is also gaining popularity as a natural food coloring.

CONTENTS : natural butterfly pea flower powder

WEIGHT : 5oz (140g)

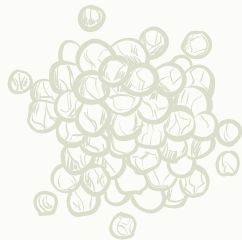
INGREDIENTS : 100% natural butterfly pea powder grown and harvested in Sri Lanka

HOW TO USE THIS SUPERFOOD:

- Bake it into cakes, cookies or icing
- Blend it into smoothies
- Make blue ice cubes with it
- Stir it into drinks, juices or cocktails.
- Mix it into a glass of water, add some lemon juice and watch the color change!



“Wellness begins with nature”



DISTRIBUTED BY

Travablu LLC- Falls Church, VA 22044, USA.
www.authenticlanka.com



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